

All Saints' C. of E. Primary School

Rooted in Faith, Growing Through Learning

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To Whom It May Concern

Mental Health First Aid Training – Peter Rolfe

I organised the MHFA training for a group of staff from 8 Southwark Diocesan Church of England Schools; we did the Adult MHFA Two Day course on the 19th and 26th of this month.

The course was comprehensive, informative and among the most useful training I have done recently. It will be invaluable in my role as a headteacher, with a duty of care to both pupils and staff alike. It will add significantly to the work we have already done on Emotional Health and Well-Being.

The training also has provided me with a set of skills which I am sure I will be able to use in my personal life too.

Feedback from the other schools has been overwhelmingly positive. One headteacher commented that her staff came back from the training 'enthused and raring to go'.

Another headteacher commented that the training was 'thought-provoking and life-changing'.

Peter was an excellent trainer and the course gave us the opportunity to develop our knowledge and skill in a range of ways.

I highly recommend this training.

Yours faithfully

Claire Wood

Ms Claire Wood
Headteacher

